



NEW ZEALAND HYPNOTHERAPY FEDERATION INC.

PO Box 91-856
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Auckland 1142
www.nzhf.co.nz

1st April 2009

Greetings fellow health professionals

As you may be aware, the **New Zealand Hypnotherapy Federation is the umbrella organisation for the profession** in this country. Originally established in 1993, membership now consists of seven hypnotherapy organisations. Since 1994 the Federation was initially organized a one day annual hypnotherapy conference. 2003 brought the inception of the On-going Training Workshops, and extended the conference to a full two day event. These have proved to be very popular with attendees.

In 2005 the **Hypnotherapy Award Dinner** was launched, held on the Saturday evening of the weekend. This provides the Federation member organisations with an opportunity to honour those whom have given excellent service and/or dedication in some way to their organisation and/or the profession, or because of their own achievements within the field.

Last year's conference weekend was one of the largest, and best, ever held. From the feedback forms **99%** of you stated the **value for money was very good or excellent!**



Some of the attendees listening intently to a presenter at the 2008 Federation Conference

Here is just some of your feedback.....

"Fantastic! The best conference yet!"... "Well organised and professional speakers."... "Very enjoyable, useful and interesting. Really made me think." "Well done team! A very friendly and well run conference."... "Congratulations Awesome range of material and speakers. Good variety of perspectives and approaches to problems. Really gave me something to think about."... "Well organised. Good variety of topics and speakers. New learning's, re-enforced knowledge, encouraging and stimulating towards further research."... "Good variety of speakers and subjects even within the same theme – health"... "Very good, great networking & wide range of personalities. Inspiring & beneficial."... "Very well run. A pleasure to attend – very stimulating"... "Good subject matter which will be of use in practice".... "Very worthwhile. Very

impressed with presenters. Great meeting others. Good venue & organisation.”

This year's conference is already stacking up to be even better than last year. We have already confirmed a **world renowned hypnotherapist** from the USA, who will present a workshop on the subject for which he is the **recognised as the world leading expert**. You will want to learn from him!

Plus... **our two top presenters** from last year's conference - as voted by attendees – and whom many of you asked to learn more from - have also agreed to present...

Kevin Bateman - Weight management, and Arron McLoughlin.

And YOU can be part of this event... by attending... and also by presenting.

This year the conference weekend will be held on 5th – 6th September in Auckland. Remember to put the dates in your appointment book now, to ensure you are able to attend. More details will be forwarded to you as they come to hand.

We invite those of you who are interested in presenting a paper at this event, to complete the application form (see pages 4-5) and return **by Wednesday 6th May.**

The theme of the conference this year is **“Improving Health with Hypnosis”**, and you may like to use this as a guide to the topic or type of presentation you offer.

Subjects of interest recently requested by past conference attendees are listed below. Or you may have other subjects that would fit in with theme of the conference, or that you have experience in, or that may also be of interest to attendees.

- **Regression**
- **Childbirth / Fertility**
- **Ideomotor techniques**
- **Analytical techniques**
- **Emotions/feelings**
- **Advanced Ericksonian techniques**
- **Children – inductions & good practices**
- **Working with children (in schools)**
- **Clinical hypnotherapy casework**
- **Medical interventions**
- **Psychoneuroimmunology**
- **Pain management**
- **Hypnotherapy & power of intent Spiritual development**
- **Past life / future life**
- **Connecting to higher self**
- **Productivity enhancement**
- **Skills performance enhancement**
- **More on diabetes,**
- **Instant inductions**
- **Mind /body (neuro association) & scientific finding relating to this**
- **Dreams**

Helpful Hints: Feedback from past conferences have indicated that many attendees prefer presentations **relevant to hypnotherapy or their hypnotherapy business**, with more time spent on information about utilizing hypnotherapy techniques. E.g. case studies, demonstrations, practise.

PLEASE NOTE:

- For your application to be considered you must complete all of the information in the form, including full details of your presentation.
- By applying to present you are agreeing to your presentation being recorded, and the recordings being onsold to hypnotherapists and hypnotherapy students.
- If you are chosen to present you will have your presentation and contact details included in the conference booklet, and your presentation details will be edited for inclusion in the conference notice.

We offer presenters the following package:

- **Free admittance...** to the conference day – Saturday 5th September.
- **Free admittance...** to the Award Dinner & entertainment on Saturday evening

This package comes to a **value of NZ\$350** (approximately).

If you have any queries, please contact me by email: info@alphahypnosis.co.nz

We thank you for your consideration, and we look forward to receiving your application.

NZHF Events Team

Application to present at 2009 NZHF Conference

Please Note: - Contact information of presenters and information about their presentation will be included in the conference booklet and may be edited for inclusion in the conference notice.

Please ensure you fully complete ALL questions.

Name: **Title:**

Address:

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Phone No: **Fax:**

Mobile: **Email:**

Hypnotherapy Society Membership:

Other Relevent Membership:

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Qualifications:

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Personal profile: *(minimum two paragraphs – please continue on additional pages if required)*

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Presentation Title:

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Presentation Abstract: *(Maximum word count of 350 Continue on additional pages if required)*

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Please state what **outcomes attendees will gain from this presentation?**

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Please continue over the page is required

Presentation Length? (*tick preference*): While we make every endeavour to accommodate preference, it may be necessary to adjust to suit timetable.

30 mins:..... 45mins:..... 60 mins:..... 90 mins:..... Workshop:

NOTE: If sending in more than one abstract please complete an application form for each.

Style? Lecture:..... Demonstration/s:..... Workshop:..... Experiential:..... Questions:.....

Handouts supplied? Yes..... No

Equipment required? Whiteboard:..... Overhead Projector:..... Data Projector:.....
Other (please state).....

PLEASE NOTE: If using a PowerPoint presentation please bring your own laptop.

Please complete and sign:

Date: I, *(name)*.....

hereby apply to present at this conference weekend and agree to my presentation being recorded and sold to hypnotherpsists and hypnotherapy students.

Please return this completed form by Wednesday 6th May

to info@alphahypnosis.co.nz or post to:

Conference Presentations, NZHF, PO Box 91-856, Auckland 1142, NZ